

Eltham Hill School



Eltham Hill
SCHOOL

SEX AND RELATIONSHIPS EDUCATION (SRE) POLICY

Governors Committee: Teaching & Innovation

Date Adopted/Reviewed: September 2015

Date of next review: September 2017

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Eltham Hill School

Sex and Relationships Education (SRE) at Eltham Hill School is an important part of the learning process for each student. It is a continuing and essential programme for all young people, beginning in Year 7 and ending in Year 11.

During the programme three main elements are developed.

- **Information:** Students are given, at the appropriate time in their development, information about how their bodies develop and work, sexuality, the law, sexual reproduction, sexual behaviour and sexual health.
- **Skills:** Students are involved in activities which aim to develop the communication and development skills which are necessary to make and maintain relationships, and to make informed choices regarding their relationships.
- **Attitudes, Values and Beliefs:** Students are given opportunities to explore values and attitudes and consider how they are affected by them. They are encouraged to consider and develop their own values and moral framework and, importantly, understand and respect those of others.

The programme aims to equip young people with the information to make informed decisions. An important part of this process involves exploring values and moral issues, considering sexuality and personal relationships, developing communication and decision-making skills. It is important for students to develop their self-esteem, self-awareness, a sense of moral responsibility and the skills to avoid and resist unwanted sexual experiences.

A wide variety of resources are used during the programme. Teaching materials are selected appropriate to the needs and ages of the students. Outside speakers and professional health educationalists are invited into the School, depending on their availability and the needs of the students. We also promote local services for young people and the school health centre.

Issues and topics concerned with Sex and Relationships Education are dealt with in several ways:

- as part of the PSHEE programme.
- as part of the National Curriculum for Science.
- as topics in subjects such as English, Drama and R.S.

The programme is, however, covered mainly through the PSHEE programme:

Year 7:

- ❖ Introduction to the School nurse
- ❖ Puberty and changes to the body
- ❖ Human Reproduction lesson with the School nurse
- ❖ Dealing with relationships with friends

Year 8:

- ❖ Romantic relationships
- ❖ Dealing with relations amongst friends
- ❖ Understanding the risks of alcohol and drugs and making choices amongst peers

Year 9:

- ❖ Dealing with conflict amongst friendships and peers
- ❖ Romantic relationships and love
- ❖ Contraception and how it works
- ❖ Sexually transmitted infections and diseases and its treatment

Year 10:

- ❖ The law relating to sexual behaviour
- ❖ Understanding sexual attitudes and behaviour and managing relationships
- ❖ Contraception choices and clinics
- ❖ Sexually transmitted infections and its treatment

Year 11:

- ❖ Sessions with the nurse - HIV/AIDS and other sexually transmitted diseases
- ❖ Ethics, morality and legal choices
- ❖ Rights and responsibilities towards others
- ❖ Understanding parenting sessions with the nurse

It is not within our policy to inform parents whenever a Sex and Relationships Education topic is being considered by students. Parents are welcome to discuss our policy with us and see the teaching materials available to teachers.

All parents have the right to withdraw their children from all or part of the Sex and Relationships Education programme, except for the work which is part of the National Curriculum.